

POP CORN SHRIMP

Free gluten



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each serving contains

calories	230	12%
fat	4.5 g	7%
sugar	2 g	5%

of your Guideline Daily Amount

KEEP FROZEN NET WT. 1.5 LBS. (24 OZ.) (680g)

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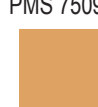
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PLEASE CHECK PROOF CAREFULLY.
 CLIENT ASSUMES FULL RESPONSIBILITY FOR ANY ERRORS NOT INDICATED AT THIS TIME. PLEASE MARK ALL CORRECTIONS CLEARLY.
 COLORS IN THIS PROOF ARE APPROXIMATE. FINAL COLORS WILL BE MATCHED TO SPECIFIED PANTONE STANDARDS.

DIE: CYLINDERS		
CLIENT: TBF		
DATE: 12/8/2014		
SIZE: GF Popcorn Shrimp Box		
COLORS: CMYK	PMS 139	PMS 7509
		

<p>APPROVED</p> <p>APPROVED WITH CORRECTIONS NOTED</p> <p>SUBMIT REVISED PROOF</p>	<p>APPROVED BY:</p> <p>DATE:</p>
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POP CORN SHRIMP

Cooking Directions

TO OVEN BAKE
 Preheat oven to 425°F. Place frozen shrimp in a single layer on a baking sheet and bake for 11 to 13 minutes.

TO BAKE IN TOASTER OVEN
 Preheat oven to 450°F. Place frozen shrimp in a single layer on a baking sheet and bake for 11 to 13 minutes.

TO DEEP FRY
 Place frozen shrimp separately in shortening or oil at 350°F for 2 to 2 1/2 minutes. Drain well on absorbent paper before serving.

MICROWAVING IS NOT RECOMMENDED

Ingredients:
 Shrimp, Rice Flour, Hydrolyzed Rice Flour, Tapioca Starch, Modified Potato Starch, Modified Food Starch, Water, Degeminated White Corn Flour, Degeminated Yellow Corn Flour, Corn Starch, Enriched Cane Sugar, Onion Powder, Garlic Powder, Potato Dextrin, Yeast, Modified Corn Starch, Salt, Deionized Sugar, Dried Tonic Yeast, Sea Salt, Leavening (sodium acid pyrophosphate, sodium bicarbonate), Modified Cellulose Gum, Xanthan Gum, Yeast Extract, Soybean Oil (as a processing aid), Silicon Dioxide (as a anti-caking agent), Sodium Tripolyphosphate (to retain moisture)

ALLERGENS CONTAINS CRUSTACEAN SHELLFISH (SHRIMP), SOY.

Nutrition Facts

Serving Size: 4 oz. (113g)
 Servings Per Container: approx. 6

Amount Per Serving	% Daily Value*
Calories 230	Calories from Fat 40
Total Fat 4.5g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 650mg	27%
Total Carbohydrate 39g	13%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 10g	
Vitamin A 2%	Vitamin C 4%
Calcium 4%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

KEEP FROZEN • DO NOT REFREEZE

Packed By:
 Tampa Bay Fisheries, Inc. Dover, FL 33527 USA
 Questions or Comments? Call 1-800-SEAFOOD

PRODUCT OF THE USA



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