

51-60 ct.Cooked EZ Peel Shrimp-27186

05/13/2014

Nutrition Facts

Serving Size 3 oz. (85g)
Servings Per Container approx. 4

Amount Per Serving

Calories 100 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 170mg **57%**

Sodium 240mg **10%**

Total Carbohydrate 0g **0%**

 Dietary Fiber 0g **0%**

 Sugars 0g

Protein 21g

Vitamin A 4% • Vitamin C 4%

Calcium 6% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Shrimp, salt, sodium tripolyphosphate (to retain moisture), sodium bisulfite (as a preservative).

Contains : Crustacean Shellfish (shrimp).